

Healthy volunteers wanted

The National Institute of Diabetes and Digestive and Kidney Diseases at the National Institutes of Health (NIH) Clinical Center in Bethesda, Maryland, is looking for volunteers who are overweight and healthy to participate in a research study. This study will investigate how the metabolism adjusts to changes in environmental temperature and whether overweight individuals have a different response to exposure to cold temperatures when compared to individuals who are not overweight. The findings of this study might help to understand if changes in environmental temperature help weight loss.



You are eligible if you:

- Are 18 to 60 years of age
- Considered to be overweight or obese

You are not eligible if you:

- Are taking medicine for high blood pressure
- Have a history of hypothyroid or hyperthyroid disease
- Smoke or use any tobacco products
- Have diabetes, high cholesterol, or heart, liver, or kidney disease
- Are pregnant, breast feeding, or using hormonal contraception

The study involves one screening visits with a general health assessment and one 5-day admission to the NIH Clinical Center. All study-related tests and procedures are provided at no cost.

Participants will be compensated.



**For more information,
Call: 1-800-411-1222 TTY: 1-866-411-1010
Se habla español
Or go online, clinicaltrials.gov
Refer to study # 07-DK-0202**



The NIH Clinical Center, America's research hospital,
is located on the Metro red line in Bethesda, Maryland.

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National Institute of Diabetes and Digestive and Kidney Diseases

